


(Mobile book) Things to Do Now That You're Retired

# Things to Do Now That You're Retired

Jane Garton

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This book provides a wide range of upbeat and fun suggestions on how to luxuriate in your new-found time. Things to Do Now That You're...Retired will teach you how to make the most of retirement by pursuing activities you enjoy.

About the Author Author Jane Garton is an accomplished writer, having written, edited and co-edited a wide range of publications over the past 20 years including: New Woman, The Health Store Magazine, Lifeline (Great Ormand Street magazine), HFEA Guide, Tesco Healthy Living, Pink Ribbon magazine, Top Sante, Nursing Times, Fitness, Chat, Upbeat (magazine for BUPA members) and handbag.com She is also the author of Happy - 100 tips to Feel Good (MQP), 1000 Paths to Hope (MQP to be published Jan 2008 ), 5-minute Guides to Yoga, Feng shui, Aromatherapy, Detox.