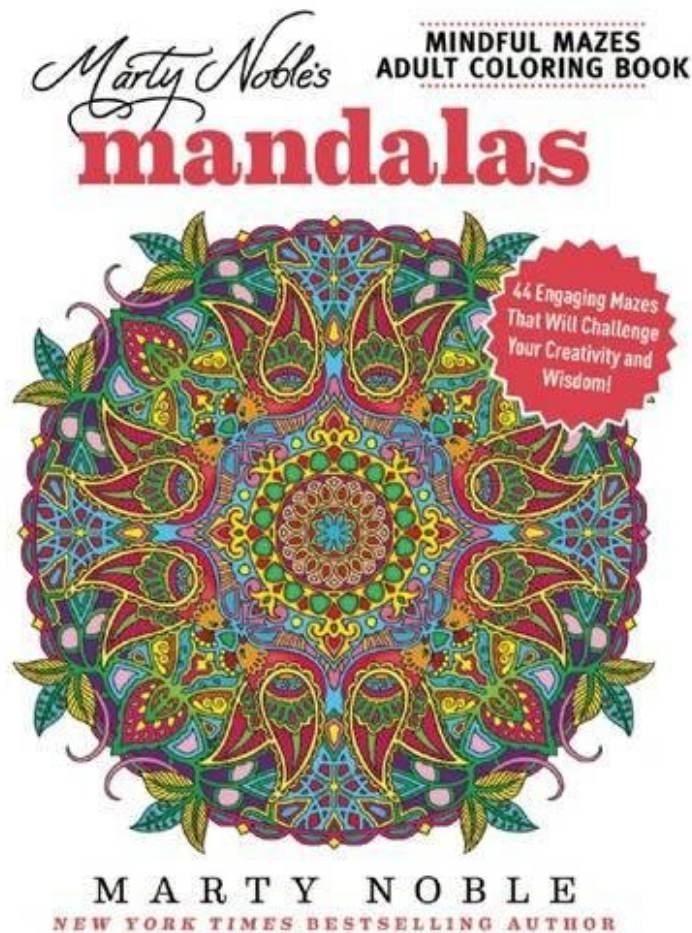


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Adult coloring and mandalas have both proven to relieve stress on their own. Now, thanks to New York Times bestselling illustrator Marty Noble, another fun and relaxing element has been added to the mix—mazes! This is the next big step in the evolution of adult coloring. In this new series, de-stress as you navigate your way through the hidden twists and turns of these intricate designs. Give your mind a break from the stresses that come from daily life, take a break to focus on a simpler goal rather than on your worries. And better yet, have fun doing it! Featured in this new coloring book are forty-four illustrations that incorporate complex mazes within intricate mandalas for colorists to maneuver through and then fill with color! This book also includes an answer key for the mazes as well as perforated pages printed on one side so colorists can easily remove and display their masterpieces! So grab your colored pencils and a copy of Marty Noble's *Mindful Mazes: Mandalas*—find the end of stress and the beginning of relaxation!

About the Author Marty Noble is a New York Times bestselling coloring book artist, with more than three hundred books published and more than three million copies of her books sold. Her designs and art have been used in book illustrations, posters, puzzles, greeting cards, plate designs, and calendars over the past twenty-two years. Her most recently published adult coloring books include *Marty Noble's Sugar Skulls* and *Marty Noble's Peaceful World*. She lives in Santa Barbara, California.